

SUNDAY

5:00PM (1 HR)

A Vision of Hope

93 Orange St, St Augustine FL, 32084
Suite D

7:00PM (1 HR) (O,JT,VM)

Clean and Serene

FL, 32084

Zoom ID: 468.934.945 (no passcode)

7:00PM (1 HR) (O,D,B)

The NA Group

2729 Commerce Parkway, Bunnell FL, 32110
Sunshine Business Complex, Suite 707 The Silver
Dollar Club

MONDAY

6:30PM (1 HR) (LIT)

New Beginnings

1520 South Daytona Ave, Flagler Beach FL,
32136

Flagler Beach UMC Park and enter from rear of church

7:00PM (1 HR) (LIT,VM,SPK)

Steps to Freedom

FL, 32174

Zoom ID: 851 5923 6979; Passcode: 255785

8:00PM (1 HR) (LC)

No Matter What

2729 Commerce Parkway, Bunnell FL, 32110
Sunshine Business Complex, Suite 707 The Silver
Dollar Club

TUESDAY

6:15PM (1 HR) (C,D,W)

W.I.S.H. (Women In Serenity and Hope)

101 Pine Lakes Parkway, Palm Coast FL,
32164

Shepherd of the Coast church Room 206

7:00PM (1 HR) (D)

Never Alone

303 Palm Coast Parkway NE, Palm Coast FL,
32137

St Mark's by the Sea Enter at east door, by
playground.

WEDNESDAY

6:00PM (1 HR) (BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084
Serenity Club

6:30PM (1 HR) (C,D,M)

Spiritual Tendencies

101 Pine Lakes Parkway, Palm Coast FL,
32164

Shepherd of the Coast church Room 206

8:00PM (1 HR) (D,WC,SPK)

Taking it to the Streets

2729 Commerce Parkway, Bunnell FL, 32110
Sunshine Business Complex, Suite 707 The Silver
Dollar Club

THURSDAY

6:30PM (1 HR) (D,LIT,LC)

New Beginnings

1520 S Daytona Ave, Flagler Beach FL, 32136
Flagler Beach UMC Park and enter from rear of church

7:00PM (1 HR) (LIT,VM)

Clean and Serene

FL, 32084

Zoom ID: 468.934.945 (no passcode)

FRIDAY

7:00PM (1 HR) (D,NS)

Baker's Dozen

156 Florida Park Drive N, Palm Coast FL,
32137

9:30PM (1 HR) (BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084
Serenity Club

10:00PM (1.5 HR) (D,WC,NS)

Beachside Recovery

1520 S. Daytona Ave., Flagler Beach FL,
32136

Flagler Beach UMC Park and enter from rear of church

SATURDAY

9:00AM (1 HR) (VAR,SMK,WC,VM,SPK)

Bakers Dozen

FL, 32137

Zoom ID: 281 933 314; Passcode: Basictext

NOON (1 HR)

A Vision of Hope

93 Orange St, St Augustine FL, 32084
Suite D

6:00PM (1 HR) (BEG,SPK)

Lost and Found

18 S Dixie Hwy, St. Augustine FL, 32084
Serenity Club

7:00PM (1 HR) (WC,NS,SD,SPK)

The NA Group

2729 Commerce Parkway, Bunnell FL, 32110
Sunshine Business Complex, Suite 707 The Silver
Dollar Club

MEETING FORMAT LEGEND

B	Beginners	BEG	Beginners
C	Closed to Non-Addicts	D	Discussion
JT	Just for Today	LC	Living Clean
LJT	Literature Study	M	Men
NS	No Smoking	O	Open
SD	Speaker & Discussion	SMK	Smoking Permitted
SPK	Speaker Only	VAR	Format Varies
VM	Virtual Meeting	W	Women
WC	Wheelchair		

PHONE NUMBERS



**MEETING LIST
NOVEMBER 2022**

- Bunnell, FL
- Flagler Beach, FL
- Palm Coast, FL
- St. Augustine, FL

What is our message?

The message is that an addict, any addict, can stop using drugs, lose the desire to use, and find a new way to live. Our message is hope and the promise of freedom.

Basic Text, page 65

Helplines

Coquina Coast Area	800-478-9213
Daytona Beach Area - Volusia County	800-206-0731
First Coast Area - Duval County	904-723-5683

www.coquinacoastna.org

Meetings Weekly: 20

Service Meetings

All meetings are Zoom and in person at 1520 S Daytona Ave, Flagler Beach, FL (Unless otherwise indicated).

Area - 2nd Sunday of each month at 1 pm 101 Pine Lakes Pkwy - Room 202*
P.R. & Phonenumber - 2nd Thursday after area 7:40 pm
H&I - 1st Thursday after area 7:40 pm
Activities - Thursday before area 7:40 pm
Fellowship Development - 2nd Sunday, directly following ASC Meeting 101 Pine Lakes Pkwy - Room 202*

**ZOOM MEETING ID: 493 517 3701
PASSWORD: coquina**

A few useful suggestions... and where they come from...

DON'T USE... GO TO A MEETING

Basic Text page 10: "...we suggest that newcomers keep coming back and come back clean."
IP 23 "Staying Clean on the Outside": Instead of picking up that first drug, we do the following:
*Don't use, no matter what *Go to an NA meeting

AVOID PEOPLE, PLACES AND THINGS

Basic Text Page 15: "Old friends, places, and ideas are often a threat to our recovery. We need to change our playmates, playgrounds and playthings."

90 MEETINGS IN 90 DAYS

Basic Text Page 53: "A meeting a day for at least the first ninety days of recovery is a good idea."

COME EARLY AND STAY LATE

Basic Text page 252: "We were into service work, emptying ash trays, setting up and cleaning up meeting halls. We would get there early and leave late..."

GET AND USE A SPONSOR

Basic Text Page 55: "We have found it helpful to have a sponsor and to use this sponsor"

GET A HOMEGROUP

Basic Text Page 54: "We find our place in the Fellowship, and we join a group whose meetings help us in our recovery."
Basic Text page 95: "Attending our home group provides encouragement from the people that we get to know."

KEEP COMING BACK, IT WORKS!

Basic Text Page 9: "We have learned from our group experience that those who keep coming to our meetings regularly stay clean."
Basic Text page 148: "Keep coming back, it works."
IP #22 "Welcome to Narcotics Anonymous: KEEP COMING BACK - IT WORKS!"