



🌹 COQUINA COAST AREA MINUTES 🌹

June 14. 2026

Meeting opened at 1:02 pm with the Serenity Prayer led by Jason
12 Traditions: Jef 12 Concepts: Kristy Definition of ASC: Andrew

ATTENDANCE

Facilitator✓
Co-Facilitator✓
Secretary✓
Co-Secretary✓
Treasurer✓
Co-Treasurer⊘
H&I✓
Activities✓
I.T.✓
Fellowship Development✓
RCM 1✗
RCM 2✓
RCM 3✓
Literature✓
PR Helpline⊘

10 GROUPS PRESENT

A New Life✓
A Vision of Hope✓
Back to Basics✓
Baker's Dozen✓
Clean and Serene✗
Lost and Found✗
NA Group✓
Never Alone✓
New Beginnings✓
No Matter What✗
We Do Recover✓
Welcome Home✓
W.I.S.H✓

New groups or GSRs- Ed is the GSR for We Do Recover, Mike is the GSR for Welcome Home and Takyra is here for W.I.S.H. **Welcome!!!**

Last month's minutes- Approved✓

FACILITATOR- JASON S.

Nothing to report

CO-FACILITATOR- KEVIN O.

Nothing to report

SECRETARY- TRICIA

Nothing to report

CO-SECRETARY- JESS

Nothing to report

TREASURER- TJ

Opening balance \$1,552.39

FELLOWSHIP DEVELOPMENT- JEF

Met today at 11:30am there were 16 members present. We talked about a few things. There is a proposal coming today during new business asking about approval to attend an event in Bunnell and the cost associated with that. We also beat the s@*# out of talking about the Facebook page and then we tabled that for next month. That's all.

RCM 2- TOMMY

World, They are talking about having 2 work groups. One work group is towards elections because it is better to clear confusion in region about how they do elections. Apparently they have been making mistakes. So they have a work group set up to clarify and get a better understanding of how we want elections at region level. Then there is a newsletter that is being started by region as well. When I was down there during the region, I did post on the Facebook page a survey about this newsletter where you could input your own opinion about what you want to see in the newsletter since it is a region newsletter. They want to have feedback. I do not know when that survey was cut off or ended. It still might be active. It is still on the Facebook page. And then the other thing I wanted to talk about or mention was Nature Coast. There is an annual cruise currently and it is a very popular cruise. 900 people went this year. It is February 27th. You can go to jimmykcrusie.com if you want any information.

RCM 3- Brian W.

I apologize for not being here the last few months. I worked it out with my employer. I will be getting off the second Sunday every month from now on. We worked that out. I would like to get a list of the groups when your business meeting is so I can start attending the business meetings.

LT- SUZ

The only thing I have is that I know the meeting lists are printing out funky. It is not an "us" issue. I do not know what happened. I did not change anything. I have been trying to fix it. I do not know what is happening but I am aware of it. So just hang tight and all the info is there but they are just not folded properly. That's it!

ACTIVITIES- JENNIFER

We had our beach party on June 13th which was yesterday. We had about 30 people in attendance. We spent \$73.01 for food and ice and we turned in the money order for \$52 today. Our bowling event for June 27th has been cancelled. There was a miscommunication with the bowling alley about the date and time and they accidentally double booked. We are still looking into having a bowling event just later on in the year.

Our next activity is The Sponsor to Sponsor Brunch on July 25th at noon. We will serve pancakes, eggs and sausage. We will have a speaker speaking about sponsorship as well. Suggested donation is \$8 a person. No addict will be turned away.

Our next subcommittee meeting will be right here tomorrow night at 7:45pm.

H&I- JEFF

The subcommittee met on Sunday May 31st at 6pm. 9 members present.

Flagler Jail Men- 1 out of 3 meetings met

Flagler Jail Women- 0 meetings met

Project Warm- All meetings met

Epic Tuesday- 1 out of 4 meetings met

Epic Wednesday- 2 out of 4 meetings met

St. Johns County Jail- All meetings met

Epic had an orientation meeting on Zoom that Ian attended. They have a new director there and some of their requirements changed. So now to be a chairperson for that commitment, you have to have 1 year, they increased it to 1 year from 6 months. They also increased the requirements for speakers from 90 days to 6 months. So that is not really affecting the chair people at all, but it is affecting finding speakers with that clean time requirement. Also, if you were an Epic graduate, you can go in and share, but if they have not completed the Epic program, if they were the client and had not completed, they can not go in there and speak for 1 year after the date that they left. Also, we had to give up our Tuesday at 11am commitment at Epic because the meetings were not being met and it is a required meeting for the house. So it was passed on to another fellowship. We are going to be scheduling a H&I learning day so we are going to be getting PR and more will be revealed on that.

The next subcommittee meeting will be on Sunday June 28th at 6:00pm at the Silver Dollar

LITERATURE- TAMI

All is good. We had a run on key tags. Most of the groups got at least part of their order filled. We will back order and we are going to make a giant order so that does not happen again. If you have a lit order form that you picked up at the front of the room or you picked one up at any given time, I need you to shred it because there have been some changes. It was really gratifying to be able to make sure that most of the homegroups took at least part of their orders today and so we do not have anybody that is going without. The lit order form is perfect on the website.

GSR REPORTS

A NEW LIFE

GSR: Jonathan

Celebrations: Brittani 3 years

Donation: \$0

Comments: Average of about 2-4 addicts in attendance. We do have one new person that is there and that has been going well.

A VISION OF HOPE

GSR: Kristy

Celebrations: -

Donation: \$39.34

Comments: Average of 6-10 addicts in attendance and about 3 newcomers.

BACK TO BASICS

GSR: Cory

Celebrations: -

Donation: \$0

Comments: We have been struggling to get attendance up. It has only been the 3 homegroup members attending unless it's a celebration. Starting June 18th we will be opening the doors at 6:30pm and we will be having food and fellowship. The meeting will begin at 7pm. Bring a dish to share. If you like please come and support our meeting. We are going to be opening up at 6:30pm. The 3 homegroup members are going to take turns cooking and bring a dish to share. We are going to try and get it like an eating meeting. We are going to eat before for 30 minutes and fellowship and then have the meeting at 7pm to 8pm and it is going to be every meeting.

BAKER'S DOZEN

GSR: Kasey R.

Celebrations: Beth S. 22 years on 6/5/26 and Kasey 17 years on 7/6/26

Donation: \$191

Comments: Average of 20 addicts in attendance and about 1-3 newcomers.

NA GROUP

GSR: Matt

Celebrations: Max 3 years on 7/11/26 and Annette 1 year on 7/18/26

Donation: \$157.00

Comments: -

NEVER ALONE

GSR: Rob

Celebrations: -

Donation: \$250.00

Comments: We are averaging about 10 addicts per week.

NEW BEGINNINGS

GSR: Andrew

Celebrations: Lanae K. 4 years on 7/13/26

Donation: \$0

Comments: Average of 6-10 addicts in attendance and about 4-6 newcomers.

WE DO RECOVER

GSR: Ed

Celebrations:-

Donation: \$36

Comments: Average of 12 addicts in attendance and newcomers.

WELCOME HOME

GSR: Mike

Celebrations:-

Donation: \$33

Comments: Average of 32 addicts in attendance and 15 newcomers.

W.I.S.H

GSR: Takyra

Celebrations:-

Donation: \$16

Comments: Average of 10 addicts in attendance and about 1 newcomer.

🌹 OPEN SHARING 🌹

Tommy: Region is looking at the HRP. They dropped it from 5 to 3. They are looking to go back up from 3 to 5. That was a discussion that happened in the last region and also Jennifer would like to be nominated for the HRP position. HRP is the Human Resource Panel.

TJ: Did I understand that the average for the newcomers roughly is about 10-15? We take all the groups into consideration. Does that sound about right? For each month. My question mainly is are the newcomers coming from the treatment centers or the men's house or the women's house, things of that nature? Or is it people just off the street? Does anybody know? Have a general idea?

Jef: They are mostly from the houses.

TJ: Okay. For all the meetings that are having all of those newcomers come from the houses and everything, does everybody feel that those newcomers are actually integrating well, that they are adhering to NA policies. When they are in the attendance of the meetings, are they actually adhering to essentially NA rules and traditions or is it kind of just a cluster?

Kasey: Ours are adhering and most of the time participating.

Andrew: Most of the treatment centers or the facilities, they have pretty strict meeting guidelines. There are consequences. I mean, there's always your odd one out. It's always like "I don't want to do this or s*%# like that". But I'd say 90% of the time it goes smoothly. They become active and participate in structure and all that stuff like that.

TJ: Okay perfect! I just ask because from what I have seen a lot of newcomers in this area mainly step from the treatment centers or the houses and everything. I think it is great to provide them some semblance of structure when they come in. So people that have time, people that have experience like ourselves, everybody here at this area level, maybe it is a great idea to actually take them to the side whenever they come to a meeting and just welcome them and have a conversation with them on essentially instilling some structure if they are out and

about or whatever they are doing to kind of get them into the fold so that we can continue to grow our base here and that way they are just not just there because they have to be there. So that is my soapbox is essentially just to keep the newcomers here, but help them get involved in the meeting that they attend and everything and show them what it is like to be part of NA and how great it can be.

Kristy: I run a sober living home in St. Augustine and the newcomers at our meeting, A Vision of Hope, are from treatment centers. They are from sober living homes in St. Augustine and they are also newcomers who are just out on their own. So that is the mix of what we have seen this past month. There was one time just a few weeks ago in June that I couldn't find anybody to go to an in-house meeting in Epic with me and while I didn't let her speak, she was a body that was there with me who is a member of NA. And so I knew that we were struggling meeting meetings and at that last minute when I had whoever I was taking with me cancel, it was more important to fill that meeting. So I took her and she didn't share, I think I did the JFT that day, but she's also one, she now has since then 6 months clean so it was good introduction to hear for H&I commitments and kind of carrying a message to kind of show her like what it is that we do when we go and we service commitments.

The ones who are in the NA fellowship, I definitely promote that in the house and again, too, that is one of the reasons why I stay so centered and as much as I can in the fellowship because it is important for them to see that service is what makes it work and services what is kept me clean.

Jonathan: One of the things we did this past year is we actually started meeting an hour ahead of time just to do step work and that allowed people to come in. All we would do is come in and read the step and really didn't go out of the green and gold. So we would read it and then we might have a little conversation. By the time we got done reading it, we didn't have a whole lot of time after that hour. We did a step a week for 12 weeks and that actually helped a lot to kind of dig back in for me and for other members that had been clean for a long time. Then you have the opportunity in the meeting right after if they wanted to use it for a topic. So it was really good. Our facility really didn't care that we used the facility for an hour before the meeting.

OLD BUSINESS

Jason: Proposal 5/26/01 made by fellowship development reads:

"In the guide add to the RCM3 duties (F) visit group conscience meetings of all area groups as often as possible to learn the area mindset. (G) Take over area responsibilities for organizing GSR assembly (H) Yearly organize the area inventory and (I) Organize the area audit twice yearly".

Brian: Just 2 questions, I need some clarification of "H" yearly organize area inventory and I organize the area audit twice yearly as far as concerning what I am auditing? and what am I organizing?

Jeff: Auditing finances and inventory of the area. Not physical stuff, but like where we are at.

Brian: Well isn't that the idea behind going and visiting every group?

Jeff: Yea that is how you create an inventory of the area by visiting those groups and figuring out where they are at.

Brian: I just want to make sure. My biggest question was about the audit twice a year. I didn't know what the audit was but now I know.

Jason: And it being June that is probably coming up soon.

Tami: That would be setting up 5 people that are qualified to do the audit and securing a place to do it and a time to do it.

Jason: Is everybody prepared to vote on this? GSRs only. Was anyone opposed to it?

Mike: Where the proposal says "visit group conscious meetings of all area groups as often as possible to learn the area of mindset" everything else was okay. So line "F" we are in disagreement with.

Tami: As often as possible, does that mean never? So if we have a specific expectation, then we have a better handle on that. It just seems like we are just throwing something out there and we say "Well you didn't do it" and we say "Well we said as often as possible" And so I just didn't have it. I couldn't do it and then we will heal.

Suz: It is not a quantifiable metric to say that this person did or did not want to fulfill this ability. Either take it out entirely or do we have a quantifiable metric of filling this responsibility?

Jeff: We put this proposal on the floor. We asked if anybody had any changes they wanted to make and nobody said a thing. You guys were all here.

Suz: We discussed it as a home group

Jason: Their group conscience wants some clarity. I understand that. Do you know what you guys want it to say?

Suz: Yeah, we proposed taking it out.

Kasey: My homegroup was against the motion altogether because the RCM3 had not been to the area in a little bit so they said, why would we vote on what the RCM3 is doing when we don't know if the position is about to be open or not?

Brian: I clarified earlier, I discussed it with my employer, I will be off the second Sunday of each month.

Tami: We got a point in order and that is we are not voting on Brian, We are voting on changing the policy for all future RCM3s. Brian's out of this equation or even if it was an empty position. What the proposal is about is changing the guide, not trying to see if we can fit a person into it.

Steve: Principles before personalities.

Jess: Well, we have an open PR position right now is that correct? Okay. It is the same thing. The qualifications and the responsibilities of that PR position stay the same just because its open doesn't change.

Jason: I am still trying to hear what Welcome Home wants

Jess: We just remove "F"

Jeff: We wanted to add that to encourage them to attend home groups. At some point, maybe you put once a year if you want, if you want a quantifiable measurement there.

Brian: The reason behind sending a RCM is to find out what that group needs and what the area can do to help them figure out what they need. That is the only reason behind the visit.

Jeff: Also, you are asking him to do an inventory of the area, but he doesn't go to their group's conscience. How can you figure out where they are?

Jess: They come to the area.

Jef: They don't always show up in the area. We've only got 10 groups here right now. We have how many in the area? 13

Suz: Here is the thing you can be encouraged to do it. Yes, go, but we discussed it not being necessarily written as a requirement.

Jess: Yeah, because we encourage GSRs to take notes, but nobody's like "That's a requirement of the position" Is strongly encouraged.

TJ: As far as removing it or making a quantifiable metric to establish how it is, RCMs bring the word of area to region and then RCMs bring back what region says to the area. GSRs bring the groups information to the area and they bring areas work back to the groups. So the RCM₃ necessarily does not need to attend the group conscience because they can gain that information from the GSRs who are tasked with bringing that information to area. That's a GSR position entirely. I get the idea about having him involved and everything like that or having the RCM₃ involved, but let's be frank, there's multiple meetings that meet with their group conscience all varying times. And speaking from my home group, we meet on the first Wednesday of each month. Jason, do we meet consecutively on the first Wednesday of each month for our group conscience?

Jason: No

TJ: Okay. Can any home group say that they meet on their designated date every time no matter what? No matter what, it's never changed? Ok 1 got one hand.

Jennifer: So as a previous RCM, I would like to say that yeah, that all sounds great, what you guys are saying, but as an RCM, my job is to go to region and tell region what my GSRs and their groups think right? So if I don't go to meetings and I don't get to know the people in the area, how am I going to carry the conscience of every group that's here? Because I wouldn't know that their homegroup is going to say no. Their home group is going to say yes and their home group is going to say no. I wouldn't know unless I was going to these business meetings and learning the people in these home groups because I can't just go up there and say "Oh, we are going to do it Jennifer's way" because that's not the way we are supposed to do it. Because in my opinion might be different from his opinion, but I have to take in consideration that his opinion counts too. So that's how I see it. I think that it's beneficial as an RCM because if you don't know your area, you can not go to the region and carry a message from your area.

TJ: I agree with that wholly, but I mean that is where the GSRs come in.

Jess: All I wanted to say really quickly is I in no way wanted to say that the RCM 3, whoever it is, is not welcomed at our business meeting. Something can be encouraged and suggested and recommended and absolutely welcome to our business meeting. Anyone here is welcome to our business meeting. It's not an issue of a home group not wanting them there. It's an issue of, is this truly in the best interest for the position for it to be a requirement of the position?

Jef: I think everybody understands that and I'm trying to get a straw poll instead of beating the hell out of this any further. We also still have one group that wants to decline it all together.

Jason: I understand that, but it's still 80% to pass. I want to see the hands of all GSRs who are okay with removing "F" entirely from the proposal.... Mike is the only GSR with their hand up, so you are the only group that wants that removed. Can we modify the wording in the proposal

at all to satisfy you guys? What would you like to see in there, like twice yearly, six times? At least once?

Tommy: So here is the thing. We are asking GSRs to speak up, yet the GSRs that we have are still new, still learning. So now we are looking at three other women and real people to speak for the GSR. That is why RCMs should be going to meetings. Specifically why. GSRs are still learning their positions, still learning their voice. They might not know what they don't know. They might not know how to bring up topics like this without guidance.

TJ: I agree 100% so here is the thing, How many times are you going to go Brian? I need a number, We have 13 homegroups.

Brian: I would try and make one or two a month.

TJ: So does that mean that you will make one a month? Does that mean you will make six a month? That's the thing guys. That's what it is about.

Brian: I can not project the future.

TJ: I understand that. Thank you very much for saying that. So everybody circle back for a second and let's dictate that there needs to be an actual quantifiable metric because just saying that they need to attend doesn't mean s*%# Does everybody understand that?

Everybody: Yes

TJ: So what is the number that we believe having RCMs attend would benefit our area?

Jonathan: Once per term

Tami: That is once every two years

Jonathan: At least they visited all of them at least once in two years.

Rob: So then we get to the question of if they are getting what they need to get going one time every two years. What's the point...

Jess: But they can go more often though.

Jess: We are saying this is the requirement. We have already said the RCM 3 can go as often as they want, twice a month, four times a month. The point is it's a requirement that's written down. I don't want to say in stone, but like you get it. So when we say at least once per term, he said at least guys, he didnt say dont ever go again per term.

Jef: No one is arguing that

Jason: So let me ask this. If I add this "once per term", does that satisfy the Welcome Home group? If we vote on it as it stands right now, I have only got two groups opposed and that still 80% consensus. It is still going to pass. I'm just trying to make you guys happy. If we change that "as often as possible" to "once per term", does that satisfy everyone?

Mike: Yea

Jason: Is there any way we can modify this to make the Baker's Dozen group happy?

Kasey: I am not sure, I am not comfortable speaking for the opinions of the home group on that.

Jason: Ok well it is going to pass and go through.

Kristy: I am going to abstain from this because I did not attend our business meeting and there is such a debate about it and I know my home group. I'm not making that decision so at this time I'm going to abstain from this vote.

Jason: Ok well we are still at 80% consensus and it still is going to pass.

NEW BUSINESS

Proposal 6-26-01 made by RCM1 reads:

“To have a PR table set up at the Bunnell Pride Event on June 28th. This will cost \$35, that is to rent the space. All volunteers will be required to be trained by PR which will occur on June 21st.”

This is going to be voted on today, it doesn't have time to go back to the groups. So all the GSRs, do any of you have questions about what this is about? Any issues? Do you want it modified? Is everybody good with that?

Tricia: Who is training them if we do not have a PR?

Jason: We have regional PR volunteers that Corey's working with to get that training done. Do we have enough clarification on this? Are we ready to vote?

All GSRs approved this proposal.

ANNOUNCEMENTS

Open positions: Co-treasurer and PR Helpline

Jef, the Facilitator for Fellowship Development, is looking for a Co-facilitator.

TREASURY CLOSING BALANCE:

Closing balance: \$2,398.85 and it ends up being \$1,008.60 above prudent reserve.

GSR Reminder

 Let your homegroups know that Proposal 5/26/01 that was voted on last month has passed with a modification. It now reads “In the guide add to RCM3 duties (F) visit group conscience meetings of all area groups **once per term** to learn the area mindset. (G) Take over area responsibilities for organizing GSR assembly (H) Yearly organize the area inventory and (I) Organize the area audit twice yearly.

 Let your homegroups know that there will be a PR table set up at the Bunnell Pride Event on June 28th. All volunteers will be required to be trained by PR which will occur on June 21st.

THANK YOU!!

Jason S. closed the meeting at 2:08pm with the Third Step Prayer. The next Area meeting will be **July 12, 2026**. See you all then!!

In Loving Service,

Tricia - Secretary



Half a year is gone..... Welcome June!



“June is your reminder that the year still has room for beautiful changes”