COQUINA COAST AREA MINUTES
🦃NOVEMBER 8, 2026🦃

The meeting opened at 1:00 pm with the Serenity Prayer led by Jason.
Readings: 12 Traditions: Allen 12 Concepts: Janet Definition of ASC: Nicole

ATTENDANCE

Facilitator✔️
Co-Facilitato✔️
Secretary✔️
Co-Secretary✔️
Treasurer✔️
Co-Treasurer🚫
H&I✔️
Activities❌
I.T.✔️
Fellowship Development✔️
RCM 1✔️
RCM 2✔️
RCM 3✔️
Literature✔️
PR Helplin✔️

9 GROUPS PRESENT

A New Life✔️
A Vision of Hope✔️
Any Means Necessary✔️
Baker's Dozen✔️
Clean and Serene❌
Lost and Found✔️
NA Group✔️
Never Alone✔️
New Beginnings✔️
No Matter What❌
We Do Recover❌
Welcome Home✔️
W.I.S.H❌

NEW GROUPS OR GSRs- Mike is the GSR for Any Means Necessary
LAST MONTH'S MINUTES-Approved ✔️

FACILITATOR- JASON S.
Nothing to report
CO-FACILITATOR- KEVIN O.
Nothing to report

SECRETARY- TRICIA
Nothing to report
ALTERNATE SECRETARY - JESS
When I sent the minutes to Tricia to send out last month, it did not have all of the open positions that needed to be there. So a separate email was sent out from Tricia. So just make sure that everybody paid attention to that. That was my bad. Thanks

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TREASURER- TJ
Opening balance: $1,105.81 puts us $284.44 under prudent reserve. So we have numerous groups that are not donating to Area that are here. We're going to have a conversation later.

FELLOWSHIP DEVELOPMENT- JEF

If you have a copy of the Guide that you were not handed today, throw it the f*%@ out. There's a new guide out. If you don't have a new copy, see me afterwards. It's also available on the website under the tab for members under files and documents. You can print it from there. It's up to date. We're going to update it again in January.
We have a proposal coming later under new business, and that's all I got to report.

RCM 1- COREY G.

Nothing to report

RCM 2- TOMMY

Nothing to report

RCM 3- BRIAN W.

Nothing to report

I.T- SUZ

Nothing to report

ACTIVITIES- JENNIFER (absent, Tricia read her report)

-We had our chili cookoff and costume contest on October 24th. We had 23 people in attendance. We spent $59.95 and we brought in $142. We have a money order for $142.
-We will be having our annual Family Feud activity on November 21st from 1pm - 4pm. at the Church in Flagler Beach. The committee will be making tacos. Please bring a side to share. $5 at the door, no addict turned away.
-Our December activity will be The Ugly Sweater party and White Elephant Gift. Bring a wrapped NA gift and wear your ugliest Christmas sweater. December 19th from 3pm - 6pm. The committee will be making ham and turkey. Please bring a side to share.

H&I- JEFF

-The subcommittee met on Sunday 10/25/26 with 8 people in attendance and 1 on Zoom.
Commitments
Flagler Jail Men- 2 out of 3 meetings met.
Flagler Jail Women- 0 meetings met.
Project Warm- All meetings were met.
Epic- All meetings were met.
St. Johns County Jail- All meetings were met.
St. John's Recovery Center-.All meetings were met.
So we discussed putting on a Learning Day. We were going to shoot for December, but that doesn't really give us enough time, plus it conflicts with the holidays. So we're going to talk about putting it off till January. And then I have discussed with PR about doing a joint Learning Day for both PR and H&I, so we'll be talking about that at the next business subcommittee meeting. More will be revealed.
The next subcommittee meeting will be on Sun. 11/22/26 at 6pm 200 S. Church St. Bunnell.

LITERATURE- TAMI
Nothing to report.

PR/HELPLINE- JERET
We had our subcommittee meeting on 10/25/26. We had 6 people in attendance. We desperately need support. We have lots of open positions on the subcommittee. So if everyone could let people know to come help us out.
The next subcommittee meeting is Sunday 11/22/26 at 5pm. 200 S. Church St. Bunnell
We have also updated our subcommittee guidelines. I can send the version with the changes to the Secretary that needs to be approved.

GSR REPORTS

A NEW LIFE
GSR: Jonathan
Celebrations: Dave B. celebrates 4 years on 11/27/26
Donation: $0 we are still recovering from buying the air conditioner
Comments: Average of 3 addicts in attendance and no newcomers.

A VISION OF HOPE
GSR: Kristy
Celebrations: Emma celebrates 9 years on 11/8/26
Donation: $0 we did not have a business meeting. I do expect that we'll have a substantial donation in December.
Comments: Average of 5-9 addicts in attendance and an average of 2 newcomers.

ANY MEANS NECESSARY
GSR: Mike
Celebrations: Mike A. celebrates 1 year on 11/30/26
Donation: $0 we made our $100 for prudent reserve and $4 for coffee.
Comments: Average of 7 addicts in attendance and an average of 1-2 newcomers.

BAKER'S DOZEN
GSR: Kasey R.
Celebrations: Johanna celebrates 37 years, the date is to be determined.
Donation: $135
Comments: On Friday there is an average of 20-25 addicts in attendance and 1-3 newcomers. On Saturday there is an average of 10 addicts in attendance and 1 newcomer.

LOST AND FOUND
GSR: Brian
Celebrations:Krista celebrates 1 year and Sean celebrates 1 year with a dual celebration on 12/5/26
Donation: $12
Comments: Average of 8 addicts in attendance and an average of 1.5 newcomers in attendance.

NA GROUP
GSR: Matt
Celebrations: Alex celebrates 2 years on 11/14/26 he is not speaking, but he will get his medallion.
Donation: $138
Comments:

NEVER ALONE
GSR: Rob
Celebrations:-
Donation: $98.15
Comments: Average of 15-20 addicts in attendance and an average of 5-7 newcomers.
NEW BEGINNINGS
GSR: Andrew
Celebrations: Desmond celebrates 2 years on 11/19/26
Donation: $0 we did not have a business meeting this month.
Comments: Average 10-12 addicts in attendance and average 6 newcomers.
Allen: This past Wednesday no one was here to unlock the door at 6:30. So the van that had everyone in it from the recovery house took off and the rest of us had a small meeting outside at the picnic table. Then at about 6:50 someone showed up to let us in. I just wanted to make sure that you are aware of that.
Andrew: I am aware. So the homegroup member did not have a key, but we are rectifying that and making sure each homegroup member has a key. We also had a miscommunication as to who was chairing that meeting. We got that all sorted out.
WELCOME HOME
GSR: LaNae
Celebrations:Tami B. celebrates 41 years on 11/12/26
Donation: $43
Comments:Average of 10 addicts in attendance and an average of 2 newcomers.

OPEN SHARING

Kevin: The group is big, it's nice. The area has grown. Rob is sitting on the table. We are thinking, and we have talked about this before, about maybe another place larger, more elbow room. I know it's been brought up before, I just wanted to bring it up to the body as a discussion coming up in the future. There is a place that is possibly available. I can check into some more information if you would like me to. It's the same place where PR meets, H&I meets and another NA group meets. 200 S. Church St. Bunnell, the old City Hall building. It's a large place and has some good room in it. I think it would be a good fit for the size of this group. So it is going out to the table for everyone to think about it and have a discussion.
Suz: The only things I would consider with that are the printer and the wifi.
Kevin: I will look into that. If it is idealistic then I will get more information and see what we can do, what needs to be done and what we need there.
Tami: Another thing we have to consider is storage, because we have a lot of activity stuff, we got literature stuff and PR stuff.
Kevin: It is a big place.
Tami: But are we going to have a place to store it? Are they going to allow us to put cabinets or whatever in the facility?
Kevin: I don't know.
Tami: So FYI they got a new Parks and Rec Director.
Kevin: Okay, that's why I'm bringing it up. We're going to have a discussion.
Tami: I just don't think it is a really good idea right now.
Kevin: Okay, well, this is what I need. I need information. It's like, we've been talking about this, like the whole year about, you know, we're growing. This is what we wanted. This is where we're

at. So I'm just bringing it to the body. I will dig up some information and poke to bear and bring it back. Just let me know if that's what you want me to do. If not I will gladly not do anything.
TJ: While you're looking into that, just find out how much it would be rent wise. I know what it is for H&I and PR and everything, but for us to add an additional meeting.
Jef: It will be $30
Tami: Well maybe its $30 because we have a new guy.
Kevin: I will dig up some information and bring it back in December.
Corey: I understand the question is to look at other locations, but it seems like every time we bring it up, we kind of walk in the wrong location. And if we're going to take the opportunity to look, we should look not limited to one place, because that's where we want to move. I think we have a big thing for me that we have to really consider, like when we tried other rooms in this Church. The acoustics. And the last time I was at that meeting, the acoustics were fairly horrible.. So that's something considered, in my opinion. But I think if you're going to look, I haven't heard the body ask to move. I've heard discussions about the move, but I haven't really heard the GSR say to us that we want you to start looking to move. So I'm curious about who the folks are you're saying that you've heard over and over, want to move. It has been a topic for a number of times, but like, nobody of any interest of saying yes, let's go through that. I've heard, like, comments about, like, we need better wifi, but never heard anybody say yes lets move. Just curious about everything.
Kevin: So I said I would be interested in looking into it, I'm not going around town looking. It was brought up here, as you had mentioned, Corey, it was brought up here more than one time. So that's why here we are again bottle necked up inside here. I've just bought it up because it was also a discussion up here not long ago. So if you don't need me to, I'm not going to waste my time. But if you would like me to, I will check into this one facility. I'm not going around looking at a bunch of facilities.
Tami: I'm just going to reiterate one more time. I think that things in the city of Bunnell are awkward enough right now. I wouldn't even make contact with him.
Kevin: So now I am not going to do this. Thank you.
Tami: That's my opinion, we just keep our head down and not make my contact.
Rob: Whatever happened with that church we used to meet years ago.
Jef: Shepherd of the Coast on Pine Lakes, They went under new leadership and drove out all fellowships.
Corey: Treasure said he wanted to talk about something, I'm curious if that's regarding what the budget might be next year.
TJ: Just a couple things just to hit on real quick, because we're at year end at this point, I could take a pretty healthy average for what the groups have been able to donate consistently. Let me restart… There have been 7 areas where GSRs have shown up and did not have a donation due to not having a business meeting. The area as a whole cannot function if we are not funded by the groups. And I understand that things occur. But 7 out of 11 months, I have had an area GSR representative show up with a zero donation because their group did not have a business meeting. Continuing with that, I have multiple groups that do not donate consistently at all. And I understand that it is difficult, and I understand that donations are what they are. They are donations. But currently, right now, our entire area is being supported by 3 home groups. I have home groups here that have not had a donation for 6 months. Now, if that is because of

attendance or because of rent, because of literature orders, whatever the reason is, that would be something that I think that we would be able to help as an area. If that is the case, for instance, if your rent you believe is too high, and you are concerned about negotiating with your landlord, I would be happy to have that conversation with groups. For groups that meet multiple times a week, if your rent outweighs your area donation or outweighs the amount of money that you take in, I think that warrants a conversation because as it stands right now, just looking at it, I can not fund any of the RCMs to go to Region. They are supposed to go to Region this month, so if our RCMs were not willing to go ahead and be reimbursed, we would not have the money to fund them. So in short, what I am saying is we do not have the income to operate as an area. Currently as it has played out for the past 11 months with our expenses. So my questions are, if you know as a homegroup that you have had difficulties donating or you have difficulties generating income of any kind, please let me know so we can workshop, we can come up with ideas. We could see if it is a negotiation for decreasing your rent, for where you are at, whatever the case is, but it is not fair. For the amount of groups that we have in this area to solely be supported by 3. It is not fair to them. That's all I got, thanks. Oh and there is no reason to have a discussion about the budget until I can land this home because we don't have any money.
Jonathan: Considering where we find ourselves with situations where we are unable to send our people to Region, does that not warrant us to keep a higher prudent reserve?
TJ: Let me rephrase that, I can send them to Region, I can place the literature order but that is dipping within our reserves.
Jonathan: OK I just wanted to make sure that we are able to do that for sure every year, no questions asked.
TJ: So for context, a prudent reserve to me is a savings account. That is only to be touched in means of necessary emergencies. We dip into our prudent reserve every single month.That, to me, is not a prudent use of funds. So if you are constantly dipping below the line, then that means that you do not generate enough income.
Jef: That means we need to take a look at our expenses.
TJ: Correct
Tami: So just so that we know the priority list for expenditure here is where we meet, and then the helpline, meeting lists, subcommittee expenses and then RSC expenditures,and then everything under that is considered not necessary to pay. Just so we know.
Jess: She is saying from the area guidelines, that is how our area guide lists it.
Rob: Question for you guys, if we pay $30 a month to meet here, is it necessary to have an area meeting every month? Can we conduct the same business on a quarterly basis?
Suz: I have been in an area that operated like that. The groups were very rogue, they took rogue meetings into H&I, they didn't get their needs met because the area is there to serve the groups. When the area was not meeting, the groups kind of floundered honestly, and it folded. Then it got rejuvenated about 2 years ago to meet monthly because it didn't work out. It is just my experience.
TJ: Same with literature orders, if we were to meet quarterly then the groups would be autonomous. They would be required to place their own orders individually.
Tami:Literature couldn't operate on a quarterly basis, nor would our RCMs because RCMs bring back information that our area needs to talk about. Much more frequently than quarterly. The communication between area and region would not exist.

TJ: It's a good thought. It's a good place to look, the thing is unfortunately things are getting more expensive. They are not getting cheaper. Literature orders as a whole have increased exponentially as far as cost is concerned. A basic text does not cost $10 anymore, Tami what is the Basic Text?
Tami: $13.60
TJ: $13.60 and that is also with the fact that we do not have to pay shipping because Tami goes and gets it.
Tami: Well Tami doesn't go to get them but we negotiate, usually it is Jess's father-in-law who brings them to us, or I pick them up at region. So that has helped us and our groups a lot by not having to worry about shipping.
TJ: So we look to cut costs where we can, like the RCMs, they give me an exact down to the penny, not any excess or anything like that. We cut costs everywhere we can, as far as an area is concerned, the issue that we are just running into is that unfortunately whether it is because we are cutting the region donation check at inopportune times, we should save those more orderly
Rob: We keep running in the red.
TJ: Exactly, that is my issue, we keep running in the red. As your treasurer, that would not be prudent of me if I didn't bring it up and we continue to be in the red. So my hope, like I said again, is for if groups are struggling to donate because they are not receiving funds of any kind, talk to us as an area. That is what we are here for, we are here to help you. If you can not fund your groups, then you need to talk to us so we can help you. But we can not help if we do not know.

🦃OLD BUSINESS🦃

No old business.

🦃NEW BUSINESS🦃

Jason: If anyone wants to be nominated for a position or is nominating someone else for a position and has not filled out a service resume, please do so.

****ALL SERVICE RESUMES ARE ATTACHED TO THE MINUTES, PLEASE TAKE THEM TO YOUR HOMEGROUPS ALONG WITH THE VOTING SHEET I ATTACHED. I HAVE TYPED ALL OF THE SERVICE RESUMES SO THAT THEY ARE EASY TO READ. THEY DO NOT INCLUDE LAST NAMES OR PHONE NUMBERS****

🦃NOMINATIONS🦃

POSITION	NOMINEE
Facilitator	Kevin O.
Co-Facilitator	Suz H.
Co-Facilitator	Jeff S. (Fafa)
Co-Facilitator	LaNae K.
Treasurer	TJ H.
Alternate Treasurer	Tami B.
Secretary	Tricia K.
Alternate Secretary	Lisa S.
H&I	Jonathan B.
IT	Suz H.
Literature	Jess S. ****See below, paragraph C ****
PR Helpline	Jeret V.
Activities	Nicole G. ****See below paragraph A****

A) Jason: Something that we are going to need to discuss with the GSRs is that the only nomination we have for activities does not meet the clean time requirement. It says right now she currently has 9 months clean. I believe the clean time requirement is 2 years. So that is something that the GSRs are going to have to vote on. Whether we waive that clean time or not or leave activities vacant or we can see if maybe next month we get another nomination. Again, GSRs are to have a discussion with their groups and vote on waiving clean time for the activities position only!!

Nicole answered “yes” to question #4, resigned or being removed from a position, and the reason is because of loss of abstinence.

Suz: Does the activities have a treasurer and a secretary or will it just be you in this position?

Tommy: I will continue as the Treasurer.

Kristy: Our area guide says “recommended clean time”. It doesn’t say “required”

Jef: It’s a suggestion

B) Rob: How many positions do not have nominations?

Jason: There are no positions that do not have a nomination. Fellowship Development and the RCM 1,2 &3 are all 3 year commitments, everything else has at least 1 nominee. Remember, if your group does not have a business meeting next month then you are not going to be able to vote for the new positions. So anyone that is struggling to have their group to have their business meeting, it is very important or you will come here next month saying you didn't get to vote and you don't have a voice.

C) Janet: I want to ask Jess about her answer to question #4 resigning or being removed from a position. She answered yes and I want to know why…

Jess: I resigned from H&I alternate secretary in the Heartland area for several reasons. I took on a lot of service commitments and overwhelmed myself but then I was in and out of hospital 12 times.

Proposal 11-01-26 Made by: Fellowship Development

"Add in the guide under Article 6, admin positions are to be a commitment of 1 year unless listed otherwise under "duties" of each position.

Jason: What this means is we were going through the guide in fellowship development and there was a discrepancy that we found. Most of the position lengths are not listed there. If they are not listed it is assumed there is a 1 year commitment, we do have some 2 year commitments and they all state 2 years right in it. But there was one that was a Co-Facilitator that said 2 years and we fixed it. But we are going to change this in the guide so that it is clear. That's all it is, just a clarification in the guide.

Suz: Does that have the removal of the 2 years on page 9?

Jef: No, that was just a typo from a leftover guide that just went through.

Jason: He went through every guide and crossed it out before giving them to their owners.

While we are on the subject, any subcommittee that has a digital copy of their guidelines, please send it to IT. We are trying to update that on the guide as well.

Kristy: When I asked or stated that the word recommended was used for clean time on page 5 in our guide it says clean time requirements. Recommended is the word here but then whenever you look on page 11 just as an example the literature co-facilitator it says 2 years clean time is required. I was just bringing back to everybody's attention because that word to me means 2 different things. She is running for a position and we have nobody else. She is a few months shy of clean time requirements of 1 year.

Tami: A year and a few months shy

Kristy: Which is not a problem but if we are looking at the guide on one page it tells us it's recommended. What that says to me is that it's not a requirement. Another page under the job description and her duties says required, that's something totally different to me.

Jason: This is what we stress every month, hardly any GSRs show up to Fellowship Development when we are discussing all this. If we had more eyes looking at it to catch stuff like that would be great. That is when we are making changes to the guide. So when we get some more GSRs here next month for fellowship development, when we are looking through the guide to remind us of, you know, conflicting things in the guide, that would be great. We combed through it this morning and none of us caught it unfortunately.

Rob: It seems like at least it is my perception, my interpretation, that this thing was changed back when we went from Robert's rules of order to whatever it is called now, it has been changed every couple of months. The idea behind it was stressed that whole time that it is not like a set of things that needs to be set in stone. It is more of a suggestion. Regarding the words, I mean I don't know if you can say a word here and there is a huge deal. We would have to get a literature expert in here and comb through every word. Like I said, to me, my interpretation of this policy was that it is a suggestion and I remember it being laid out like that in these meetings. These suggestions for these positions were merely that, just suggestions. So I don't know what you have to do, does there need to be a motion in? What do you have to do to change that word?

TJ: Rob, Do you believe that there should be a clean time requirement for somebody to handle money?

Rob: I do

TJ: So then that kind of picks everything apart you were just saying.

Rob: I'm just telling you what my interpretation of what that thing represents and the wording and the suggestions of the policy, that's my interpretation, that's not my belief.

TJ: Well, what I'm saying is like, there are requirements that are set in place for people in positions. So there is a definition of defining characteristics that needs to be had for the words. So to Kristy's point, there needs to be an understanding that there is a difference between a requirement and a suggestion. It can't just be just suggestions or just requirements, it can be one or the other I guess, but I mean we have to abide by that. So the one where I always live and die by essentially is: do you believe that there should be a clean time requirement for a position that handles money, that is treasurer, that is activities, that is literature, so if you believe that the position that handles money requires a clean time requirement, then you will also have to take that into account as a suggestion.

Rob: I get it, I was merely pointing out what my interpretation of this new updated guide has been, that's all I was saying. That has kind of been stated over and over again when you guys went to consensus decision making, at least that is my interpretation. I may have it all twisted.

Jonathan: So nothing prevents anyone from being nominated. The decision is made by the GSRs, no matter what the guide says.

Jason: No matter how many conflicting words

Jonathan: And that is the final say in it. If the person voted in because we think they have enough clean time or they have enough of whatever, it could be anything, they resigned from a position, it is the same principle, we make decisions as GSRs on who gets those positions. Anyone can be nominated if they have a day clean, the thing is if that decision is made by the GSR, not by the guide, it is made by the people in this room. They are replicating groups and that is where the decision is made. The guide is just that, a guide. So we look at it and we say, we have agreed that this is some general guidelines that we should go by but if we believe the person can do the position and they are going to be good in that position, then as GSRs we can either vote yes or no as individuals representing our group.

TJ: So just to clarify, then to go ahead and take that position, Tommy, you are going to be the treasurer of the activities subcommittee?

Tommy: Correct

TJ: So that means that you will retain ownership of the debit card?

Tommy: Correct

TJ: I don't have anything else.

Tami: Just what TJ brought up, the guidelines for the activity subcommittee does say that the facilitator is a cosigner and a holder of the credit card.

Jason: Okay

Rob: One more question, the requirements for all of the other money positions, it is 2 years?

TJ: Mine is 5 years

Jason: They vary depending on the positon

TJ: Facilitator is 3 years, Co-Facilitator is 2 years, Treasurer is 5 years, alternate treasurer is 4 years, Secretary is 1 year, RCM 1 is 5 years, RCM 2 is 4 years, RCM 3 is 3 years, IT is 2 years, IT co is 1 year.

Rob: Does anybody know off the top of your head for the treasurers of the homegroups, what are the clean time requirements for the treasurers of homegroups?

Jason: The groups are autonomous

Rob: Does anyone have one less than 2 years?

Jason: Yea, ours was handed to a new guy, it is not currently but it was.

ANNOUNCMENTS

No announcements

CLOSING BALANCE

Closing Balance: $1,284.25 that puts us exactly $106 below prudent reserve.

Jason: It is Region month right?

TJ: Yes it is Region month.

Jason: So that means there will be no donation to Region

TJ: That is correct, they are not getting a dime.

GSR REMINDER

- **PR phoneline and Fellowship Development,** please make sure you send IT the digital guidelines for your subcommittee.
- **Vote on the nominees running for Area positions.** Please see attachments to these minutes and you will find all service resumes and a voting sheet for you to use at your business meeting. Bring votes back to Area in December. MAKE SURE YOUR GROUP HAS THEIR BUSINESS MEETING SO YOU CAN VOTE!!!!
- Make sure you go over the clean time requirement for the activities position. See notes in minutes and on Nicole G.'s service resume.
- **Proposal 11-01-26** - vote on in groups and bring results back in December.
  "Add in the guide under article 6 - admin positions are to be a commitment of 1 year, unless listed otherwise, under "duties" of each position.

THANK YOU!

Jason S. closed the meeting at 2:19PM with the Third Step Prayer. The next Area meeting will be **DECEMBER 13, 2026** See you all then!!

In Loving Service, Tricia - Secretary

"November is here! Time to be thankful, eat too much, spend money we don't have, and pretend we are getting our lives together before the new year"

